



**MERINGA**  
**(Meringue)**

**Ingredients:**

- 150g egg whites
- 80g sugar
- icing sugar
- salt

**Directions:**

Whip up the egg whites with a pinch of salt, add the sugar a little at a time whilst mixing until the mixture stiffens.

Place the mixture in a piping bag and squeeze small mounds onto an oven tray. Place in a very hot oven for a few minutes, until brown.